DEPRESSION IN DEMENTIA

What is depression?

• Sad, crying a lot
• Don’t want to eat or drink
• Tired, no energy
• Don’t want to be with others or yarn
• Feel useless
• Sleep problems
• Don’t want to be alive

Why does it happen?

• Dementia
• Pain
• Sick
• Lonely, missing family or Country
• Depression can be another illness

What could help?

• Keep respect
• Know their story
• Go to clinic for check up
• Walk and yarn with them
• Help them do things they like and know
• Help them to be involved in community
• Go back to Country
• Medicine
DEPRESSION
IN DEMENTIA

What is depression?
- Sad, crying a lot
- Don’t want to eat or drink
- Tired, no energy
- Don’t want to be with others or yarn
- Feel useless
- Sleep problems
- Don’t want to be alive

Why does it happen?
- Dementia
- Pain
- Sick
- Lonely, missing family or Country
- Depression can be another illness

What could help?
- Keep respect
- Know their story
- Go to clinic for check up
- Walk and yarn with them
- Help them do things they like and know
- Help them to be involved in community
- Go back to Country
- Medicine