Burke, to determine their interest in participating in Bushland Health Group’s Director of Care, Bernadette Earlier this year the research team approached had a demonstrated commitment to supporting staff coordinator, Kim Burns, noted that “management commitment to good dementia practice. Project Karingal Gardens facility last year left the Centre’s Dementia practice education held onsite at the in late July. Brodaty, were on site at the Karingal Gardens facility looking at ways to improve the management of dementia. Researchers from Research Centre, which are useful to improve the management of these behavioural and psychological symptoms of dementia. Researchers from Research Centre, which is led by the internationally respected Professor Henry Brodaty, were on site at the Karingal Gardens facility in late July.

Dementia practice education held onsite at the Karingal Gardens facility last year left the Centre’s researchers with a very positive impression of the Bushland Health Group staff and management’s commitment to good dementia practice. Project coordinator, Kim Burns, noted that “management had a demonstrated commitment to supporting staff to effectively manage residents presenting with these symptoms of dementia”. Karingal Gardens staff are currently engaged in the eLearning modules of the Commonwealth funded Dementia Dynamics Toolkit.

Earlier this year the research team approached Bushland Health Group’s Director of Care, Bernadette Burke, to determine their interest in participating in the study. Professor Brodaty commented, “This is an excellent opportunity for a collaborative project between researchers and a committed Aged Care Provider such as Bushland Health Group at Karingal Gardens”.

The study involved face-to-face staff training and follow up support via video conferencing to help staff develop and implement individualised strategies to manage these behavioural and psychological symptoms of dementia. Researchers will work with the facility to evaluate how Karingal Gardens staff adopt and implement the management strategies to deal with these behaviours, the effectiveness of video conferencing to support staff and enhance their knowledge and confidence in managing these symptoms, and whether the individually tailored strategies help reduce the behavioural and psychological symptoms in residents with dementia. Generating new knowledge through research is just the first step. It is important that evidence-based information is communicated and incorporated into everyday care practices. This process of bridging the gap between ‘what we know and what we do’ is known as knowledge translation or KT. “Karingal Gardens is a great example of a team that is ready to be innovative,” said Associate Professor Belinda Goodenough, Knowledge Translation Program Manager at the Dementia Training Study Centre, “they are using best evidence to invest in staff skills, and supporting Australian researchers to generate new evidence – to understand how we help other facilities implement similar interventions”.

Bushland Health Group’s mission is to provide the best care in the Manning Valley. Staff and relatives are very supportive of any initiative which results in improved care practices as well as better quality of life for those in their care. Director of Care, Bernadette Burke noted that “Our facility welcomes this opportunity to demonstrate our expertise and improve on what we are doing. This study aims to improve our understanding of dementia and consequently our dementia practice.”

Resident Relative Comment
“I consented because I think more research is needed about dementia, especially the different types like Lewy bodies. It is a privilege to be part of this project. My husband would benefit from the project and the nurses would be better able to look after my husband and so would I.”

As part of our Birthday celebrations, we would like to give you an opportunity to take a break from caring for your loved one by offering FREE Respite Care in our Memory Care Unit to anybody assessed as requiring this care until the end of 2016.