QUALIDEM

Name: _____   Date: _____

The questionnaire contains 40 items. Fill in the questionnaire together with a colleague, based on your observations during the passed week. Answer each question and indicate the number that most closely represents your observations. An answer is never wrong, it indicates what resembles reality most closely from your perspective. Do not overthink the question, the first answer that comes to mind is usually the best. If you and your colleague disagree on an item, try to find a consensus.

Never =   Never
Seldom =   Maximum once a week
Sometimes = A few times a week
Often =   Almost daily

		NEVER	**SELDOM**	**SOMETIMES**	**OFTEN**	
1	Is cheerful	0	1	2	3	B
2	Makes restless movements	3	2	1	0	D
3	Has contact with other residents	0	1	2	3	F
5	Rejects help from nursing assistants	3	2	1	0	A
5	Has a contented appearance	0	1	2	3	B
6	Makes an anxious impression	3	2	1	0	C
8	Is angry	3	2	1	0	A
8	Is capable of enjoying things in daily life	0	1	2	3	B
9	Does not want to eat	3	2	1	0	J
10	Is in a good mood	0	1	2	3	B
11	Is sad	3	2	1	0	C
12	Responds positively when approached	0	1	2	3	F
13	Indicates that s/he is bored	3	2	1	0	H
17	Has conflicts with nursing assistants	3	2	1	0	A
15	Enjoys meals	0	1	2	3	J
16	Is rejected by other residents	3	2	1	0	G
17	Accuses others	3	2	1	0	A
18	Takes care of other residents	0	1	2	3	F
19	Is restless	3	2	1	0	D
20	Rejects contact with others openly	3	2	1	0	G
21	Smiles	0	1	2	3	B
22	Has tense body language	3	2	1	0	D
23	Cries	3	2	1	0	C
24	Appreciates help that he or she receives	0	1	2	3	A

		NEVER	SELDOM	SOMETIMES	OFTEN	
25	Cuts oneself off from environment	3	2	1	0	F
26	Finds things to do without help from others	0	1	2	3	I
27	Indicates s/he would like more help	3	2	1	0	E
28	Indicates feeling locked up	3	2	1	0	H
29	Is on friendly terms with one or more residents	0	1	2	3	F
30	Likes to lie down (in bed)	3	2	1	0	J
31	Accepts help	0	1	2	3	A
32	Calls out	3	2	1	0	G
33	Criticizes the daily routine	3	2	1	0	A
34	Feels at ease in company of others	0	1	2	3	F
35	Indicates not being able to do anything	3	2	1	0	E
36	Feels at home on the ward	0	1	2	3	H
37	Indicates feeling worthless	3	2	1	0	E
38	Enjoys helping with chores on the ward	0	1	2	3	I
39	Wants to get off the ward	3	2	1	0	H
40	Mood can be influenced in a positive sense	0	1	2	3	B

Scoring: the capital letter behind each item indicates the specific subscale. Total the scores for each subscale.

Subscale (# of items)	Range		Score
A: Care relationship (7)	0 – 21	A	
B: Positive affect (6)	0 – 18	B	
C: Negative affect (3)	0 – 9	C	
D: Restless tense behaviour (3)	0 – 9	D	
E: Positive self image (3)	0 – 9	E	
F: Social relationships (6)	0 – 18	F	
G: Social isolation (3)	0 – 9	G	
H: Feeling at home (4)	0 – 12	H	
I: Occupation (2)	0 – 6	I	
J: other questions for further research		J	

Reference
Ettema, T.P., Dröes, R.M., de Lange, J., Mellenbergh, G.J., & Ribbe, M.W. (2007). QUALIDEM: development and evaluation of a dementia specific quality of life instrument--validation. Int J Geriatr Psychiatry. May; 22(5):424–30.