

Cleveland Scale for Activities of Daily Living (CSADL)

Test Instructions

Begin by explaining to the informant the general nature of what will be asked. Introduce the test in the following fashion:

I'M GOING TO ASK YOU A SERIES OF QUESTIONS ABOUT HOW MUCH [S] IS ABLE TO DO THINGS ON [S'S] OWN. I WANT YOU TO DECIDE IF [S] CAN DO THINGS INDEPENDENTLY, OR IF [S] NEEDS DIRECTION OR HELP. IF [S] DOES NEED SOME DIRECTION OR HELP, THEN I WOULD LIKE YOU TO TRY TO DECIDE JUST HOW MUCH [S] NEEDS.

When reading these instructions, for every occurrence of the term [S] substitute an appropriate noun, pronoun, or name (e.g., "she," "him," "your mother," etc.).

Place the Response Card so that it is facing the informant, with the card turned so that it shows the version appropriate for the person being rated. Then read the following instructions aloud:

HERE ARE SOME DESCRIPTIONS OF HOW MUCH DIRECTION OR HELP [S] MIGHT NEED. I WANT YOU TO CHOOSE FROM THIS LIST WHEN YOU'RE ANSWERING EACH QUESTION.

Then read the response choices aloud and provide any further explanation necessary in a manner consistent with the general instructions from the test manual.

For the 12 items that include a special question, if the item has been rated as 0 or 9, no special question is necessary. If the item has been rated 1, 2, or 3, ask the following question:

BEFORE [S'S] DEMENTIA BEGAN, WAS [S] MORE INDEPENDENT IN [CARRYING OUT THE BEHAVIOR IN QUESTION]?

In rating responses to the special question follow the instructions in the test manual.