

BAYER ACTIVITIES OF DAILY LIVING (B-ADL)

Name: _____

Date: _____

The following questions are about everyday activities with which the person you are being asked about might have difficulty. Please indicate how often difficulties occur by indicating the appropriate number. The higher the number, the more difficulty the person has with the activity in question. If difficulties never occur please mark (1). If difficulties always occur mark (10). If a question does not apply to the person for any reason please put a cross in the “N/A” box. If you cannot decide on the difficulty the person has please put a cross in the “unknown” box. If you have problems understanding any of the questions, please ask for help. Please do not write in the Score box.

Does the person have difficulty...			N/A	Unknown	Score
1	...managing his/her everyday activities?	never 1-2-3-4-5-6-7-8-9-10 always			
2	...taking care of him/herself?	never 1-2-3-4-5-6-7-8-9-10 always			
3	...taking medicine without supervision?	never 1-2-3-4-5-6-7-8-9-10 always			
4	...with personal hygiene?	never 1-2-3-4-5-6-7-8-9-10 always			
5	...observing important dates or events?	never 1-2-3-4-5-6-7-8-9-10 always			
6	...concentrating on reading?	never 1-2-3-4-5-6-7-8-9-10 always			
7	...describing what he/she has just seen or heard?	never 1-2-3-4-5-6-7-8-9-10 always			
8	...taking part in a conversation?	never 1-2-3-4-5-6-7-8-9-10 always			
9	...using the telephone?	never 1-2-3-4-5-6-7-8-9-10 always			
10	...taking a message for someone else?	never 1-2-3-4-5-6-7-8-9-10 always			
11	...going for a walk without getting lost?	never 1-2-3-4-5-6-7-8-9-10 always			
12	... shopping?	never 1-2-3-4-5-6-7-8-9-10 always			
13	...preparing food?	never 1-2-3-4-5-6-7-8-9-10 always			
14	...correctly counting out money?	never 1-2-3-4-5-6-7-8-9-10 always			
15	...understanding his/her personal financial affairs?	never 1-2-3-4-5-6-7-8-9-10 always			
16	...giving directions if asked the way?	never 1-2-3-4-5-6-7-8-9-10 always			
17	...using domestic appliances?	never 1-2-3-4-5-6-7-8-9-10 always			
18	...finding his/her way in an unfamiliar place?	never 1-2-3-4-5-6-7-8-9-10 always			
19	...using transportation?	never 1-2-3-4-5-6-7-8-9-10 always			
20	...participating his/her leisure activities?	never 1-2-3-4-5-6-7-8-9-10 always			
21	...continuing with the same task after a brief interruption?	never 1-2-3-4-5-6-7-8-9-10 always			
22	...doing two things at the same time?	never 1-2-3-4-5-6-7-8-9-10 always			
23	...coping with unfamiliar situations	never 1-2-3-4-5-6-7-8-9-10 always			
24	...doing things safely?	never 1-2-3-4-5-6-7-8-9-10 always			
25	...performing a task when under pressure?	never 1-2-3-4-5-6-7-8-9-10 always			

Reference

Hindmarch, I., Leffeld, H., de Jongh, P., Erzigkeit, H. (1998). The Bayer Activities of Daily Living Scale (B-ADL). *Dement Geriatr Cogn Disord*, 9(Supp 2): 20-26.