

Cornell Scale for Depression in Dementia

Name _____

Age _____ Sex _____ Date _____

SCORING SYSTEM

A = unable to evaluate 0 = absent 1 = mild or intermittent 2 = severe
Ratings should be based on symptoms and signs occurring during the week prior to interview. No score should be given if symptoms result from physical disability or illness.

A. Mood related signs

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|---|---|---|---|---|
| 1. Anxiety: anxious expression, ruminations, worrying | A | 0 | 1 | 2 |
| 2. Sadness: sad expression, sad voice, tearfulness | A | 0 | 1 | 2 |
| 3. Lack of reactivity to pleasant events | A | 0 | 1 | 2 |
| 4. Irritability: easily annoyed, short tempered | A | 0 | 1 | 2 |

B. Behavioural disturbance

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|--|---|---|---|---|
| 5. Agitation: restlessness, hand wringing, hair pulling | A | 0 | 1 | 2 |
| 6. Retardation: slow movement, slow speech, slow reactions | A | 0 | 1 | 2 |
| 7. Multiple physical complaints (score 0 if GI symptoms only) | A | 0 | 1 | 2 |
| 8. Loss of interest: less involved in usual activities
(Score only if change acutely, ie. in less than 1 month) | A | 0 | 1 | 2 |

C. Physical signs

- | | | | | |
|---|---|---|---|---|
| 9. Appetite loss: eating less than usual | A | 0 | 1 | 2 |
| 10. Weight loss (score 2 if greater than 5 lb in 1 month) | A | 0 | 1 | 2 |
| 11. Lack of energy: fatigues easily, unable to sustain activities
(Score only if occurred acutely, ie. in less than 1 month) | A | 0 | 1 | 2 |

D. Cyclic functions

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|---|---|---|---|---|
| 12. Diurnal variation of mood: symptoms worse in the morning | A | 0 | 1 | 2 |
| 13. Difficulty falling asleep: later than usual for this individual | A | 0 | 1 | 2 |
| 14. Multiple awakenings during sleep | A | 0 | 1 | 2 |
| 15. Early morning awakening: earlier than usual for this individual | A | 0 | 1 | 2 |

E. Ideational disturbance

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| 16. Suicide: feels life is not worth living, has suicidal wishes
or makes suicide attempt | A | 0 | 1 | 2 |
| 17. Poor self esteem: self blame, self depreciation, feelings of failure | A | 0 | 1 | 2 |
| 18. Pessimism: anticipation of the worst | A | 0 | 1 | 2 |
| 19. Mood congruent delusions: delusions of poverty, illness or loss | A | 0 | 1 | 2 |