



An Australian Government Initiative



The Person-centred Care Assessment Tool (P-CAT)

Instructions for use:

This questionnaire aims to measure the extent to which the care within a facility is experienced by staff as being person-centred. The questionnaire consists of 13 statements about the care. You are asked to decide to what extent you think the statements correspond to your own experiences working in your current facility. Please put a cross in the box for the alternative that you think best describes your experience. It is important that you answer all the statements, so if you feel uncertain, pick the alternative closest to your experience.

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	Disagree completely	Disagree	Neither agree or disagree	Agree	Agree completely
	1	2	3	4	5
1. We often discuss how to give person-centred care.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
2. We have formal team meetings to discuss residents' care.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
3. The life history of the residents is formally used in the care plans we use.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
4. The quality of the interaction between staff and residents is more important than getting the tasks done.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
5. We are free to alter work routines based on residents' preferences.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
6. Residents are offered the opportunity to be involved in individualised everyday activities.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
7. I simply do not have the time to provide person-centred care.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
8. The environment feels chaotic.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
9. We have to get the work done before we can worry about a homelike environment.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
10. This organisation prevents me from providing person-centred care.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
11. Assessment of residents' needs is undertaken on a daily basis.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
12. It is hard for residents in this facility to find their way around.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
13. Residents are able to access outside space as they wish.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>